

Save the Date!

# Mid Atlantic Cohousing Collaboratory\* on Aging in Community

Friday–Sunday April 8–10, 2016 | Takoma Village Cohousing | Washington, DC

How is your community currently supporting aging community members?

What could you be doing if you knew better how to do it or you had some assistance?

What is truly beyond your capacity as a community to provide?

Where we grow old matters. Whom we grow old with, & how we grow old, matter as well.  
—Janice Blanchard, Aging Better Together

MAC is working on a Participatory Action Research\* project, the first Collaboratory on Aging in Community, facilitated by **Janice Blanchard**, MSPH, founder, Aging Better Together. Janice is a nationally recognized pioneer in the “aging in community” movement and co-founder of the Aging in Community Network. She is launching a new collaborative model for assisting communities to custom-craft aging care plans that build on the strengths and address the needs of their aging members.

#### The Aging in Community Collaboratory is looking for:

- Six (6) cohousing communities with two (2) to five (5) persons from each community (30 participants MAX).
- Communities and participants willing to commit to one full year of participation in the Collaboratory.

#### MAC, in partnership with Aging Better Together, will provide:

- Up to two intensive interactive weekends, featuring the Catalytic Innovations Café, a highly interactive learning environment designed to support each cohousing community to develop and institute an aging care plan in your cohousing community.
- Four (4) to six (6) web-based facilitated online video conferences throughout the year
- Follow up technical support for each community.



Project funded by MAC. Participants will pay a small fee to cover Collaboratory materials.

**Reserve your space now! RSVP to Ann Zabaldo at [zabaldo@earthlink.net](mailto:zabaldo@earthlink.net) or 202.546.4654.**

Registration details to follow. Non-refundable registration fee for 1st workshop is \$39.00.



\***Collaboratory**—an inclusive learning environment where action learning and action research meet. Participants continue to acquire subject knowledge outside the collaboratory – both through experimental application and developing channels (such as online or blended learning). The collaboratory’s primary aim is to foster collective creativity to address complex issues.

\***Participatory Action Research**—“Participatory research attempts to break down the distinction between the researchers and the researched. . . . In the process, research is seen not only as a process of creating knowledge, but simultaneously, as education and development of consciousness, and of mobilization for action (Gaventa 1988: 19)