

Top 10 Reasons to Choose Cohousing for an Aging in Community Solution

- 1. Cohousing is already a housing choice in the marketplace. You don't have to invent a new wheel.
- 2. Cohousing communities are highly organized.
- 3. Cohousing is a grass roots manifestation so residents are motivated and responsible.
- 4. Because the communities are self-managed they require less care and feeding by external municipal sources (they cost less!)
- 5. Residents are already in relationship with each other so "ramping up" for co-care of its senior members presents fewer challenges.
- 6. Social Capital, the singular element in co-care for seniors, is THE by-product of living in cohousing.
- 7. Residents are innovators and risk takers so they welcome new ways of living in community.
- 8. Because residents seek and select cohousing they are committed to the overall success of the community.
- 9. Because residents know each other well, they use fewer municipal services e.g. barking dogs, noisy music, most trips to the hospital are resolved by knocking on a neighbor's door not calling the police; most trips to the hospital are resolved by asking for help not calling 911.
- 10. Cohousers seek and welcome diversity in income, race, gender, sex, religion, etc. NIMBYs are welcome in cohousing.
- 11. Cohousing is ultra-green. Not only are they energy-efficient they use green maintenance products reducing irritants for asthma, allergies, sensitivities of all kinds.
- 12. Cohousers make decisions by consensus. While the decision process may be long the outcome insures that everyone in the community "on board" with the decision. Implementation of decisions goes much more smoothly.